



**Northside Charter High School
424 Leonard Street
Brooklyn, NY 11222**

February 2017

To Whom It May Concern:

Earlier this month, Mr. Michael Jasz and his team from The Relationship Foundation conducted a parent workshop entitled Healthy Relationships 101: Strengthen the Parent-Teen Bond for our families. The workshop was in response to requests from families for support on building a stronger relationship with their student.

Our administration has decades of experience in youth development and social-emotional learning, mentoring and facilitation, so the decision to find the right presenter was challenging. The team has high standards for the modes and philosophical approaches that it believes are most effective when dealing with teens and adults. After careful review and a conversation with Mr. Jasz, it was clear we were aligned in those standards.

For the two-hour session, parents were engaged to discover their needs and parents and strategies for how to communicate with their teen to avoid judgement, and the inevitable shutting down that can occur in a situation that is not driven by empathy and true listening.

Parents were very receptive to the facilitation and information, noting that they would be using these tools in their everyday life, not only with their child. The reviews were overwhelmingly positive, and I look forward to working with Mr. Jasz and his team in future to help our faculty and students unlock the secrets of real and effective communication to understanding.

We are grateful to the team at The Relationship Foundation and welcome inquiries on specific requests for input.

Thank you,

A handwritten signature in dark ink, appearing to read 'Lori Fitzmaurice'. The signature is written in a cursive style and is positioned above a faint, dotted rectangular box.

Lori Fitzmaurice
Executive Director
Northside Charter High School, Brooklyn