



Lincoln High School

421 South 4th Ave
Walla Walla, WA 99362
(509) 527-3083
(509) 527-3011 fax

Principal: James R. Sporleder

October 26, 2012

I would like to recommend Michael Jasz as a trainer in the area of Healthy Relationships instruction. His work and the communication skills he imparts provide a common language to develop skills to be more effective in communicating and building positive relationships. It is a non-judgmental approach which establishes a terminology that helps de-escalate students that are dealing with high stress, to articulate their feelings and needs in a way that fosters respect for all. My staff found the training to be helpful in providing an effective way in which we can build positive relationships with our students, parents, and each other.

Michael has some very powerful video clips that reinforced how important it is to create a non-judgmental environment and to help students identify their needs and wants with respect and consideration. He demonstrated good questioning techniques that focuses on valuing others and encourages them to share their feelings in a safe environment. My staff evaluations gave Michael high scores and they came away with new knowledge and strategies to communicate more effectively. His Healthy Relationships program complements the work that we are doing with Adverse Childhood Experiences (ACE's) and working with our students with Complex Trauma.

It has provided us the opportunity to add new skills to our tool box to build the compassionate support our students so desperately need and deserve.

Sincerely,

Jim Sporleder Principal